



"PEER PERSPECTIVES: INSIGHTS FROM LIFE'S FIRST NATURALS® PRO COLOSTRUM DISTRIBUTORS"

We often receive requests from healthcare professionals (HCPs) looking for guidance on overcoming the initial hurdle of introducing bovine colostrum to their patients for daily use. In response, some of our most experienced health professional distributors have shared their feedback and notable suggestions. Below are their valuable insights:

- **"With 250+ bioactives, the majority of patients can experience benefits from taking colostrum daily. Starting them off with a small maintenance dosage is recommended to ensure their comfort with the product."** Life's First Naturals® PRO provides introductory sample kits for new patients, which consist of 30 sachets and mixing cups. These kits are designed to offer extra assistance to individuals who are starting their treatment.
 - *Chiropractor - Del Mar, CA*
- **"After overcoming the initial taste test, most patients find bovine colostrum acceptable in terms of daily use. Initially, the idea may seem unfamiliar to them; however, once they recognize that it is a natural food source (similar to whey protein powder) that supports their everyday immune and digestive health, they tend to become enthusiastic about adding it to their daily routine*."**
 - *Health Food Store - Madison, WI*
- **"Many patients who consistently take bovine colostrum report feeling a noticeable difference in their health and well-being within the first two weeks*."**
 - *Integrative Medicine Doctor - Chicago, IL*
- **"We advise against recommending colostrum to specific patient groups, including children under 1 year of age, pregnant women, recent organ transplant recipients, and individuals that have severe lactose intolerance. For those with known dairy concerns, conducting a test with a small starting dose can help determine their tolerance to the small amount of lactose present in the colostrum."**
 - *Functional Medicine Doctor - Austin, TX*
- **"When instructing patients on how to use Life's First Naturals Colostrum, it's important to inform them to use the accompanying shaker cup and to shake the contents up and down for approximately 30 seconds, or as necessary, to achieve a shake-like consistency. Alternatively, I advise mixing it with smoothies, iced unsweetened green tea, yogurt, apple sauce, unsweetened fruit purees, or their favorite cool beverage."**
 - *Chiropractor - St. Paul, MN*
- **"Consuming bovine colostrum offers remarkable digestive benefits, supporting optimal gut health and enhancing digestive function. Bovine colostrum nurtures the digestive system, promoting a balanced microbiome, improving nutrient absorption, and fostering overall gastrointestinal well-being*."**
 - *Functional Medicine Doctor - Greensboro, NC*
- **"The elevated levels of IgG antibodies offer a comprehensive immunity solution, combining various immune factors into a single product*."**
 - *Preventative Medicine Doctor - Phoenix, AZ*

- **"By investing \$50 to \$55 per month, patients can see multiple health benefits through the use of bovine colostrum. This affordability makes it easier to recommend and supplement deficiencies, while also promoting improved dietary habits. The benefits of bovine colostrum are often felt within the first few weeks and are sustainable."**
 - *Chiropractor - San Diego, CA*

- **"For specific conditions, we may advise certain patients to take higher amounts of bovine colostrum based on medical discretion. Once they reach the desired level of improvement, a lower maintenance dose is recommended to sustain the benefits achieved. It is noteworthy that many patients typically continue to reorder bovine colostrum on a monthly basis without requiring additional encouragement."**
 - *Preventative Medicine Doctor - Phoenix, AZ*

- **"Satisfied Life's First Naturals® PRO colostrum patients often recommend it to their friends, helping to drive awareness and contributing to the passive income stream of our healthcare practice."**
 - *Chiropractor - San Ramon, CA*

- **"In the case of food allergies, it's recommended to establish a baseline test and conduct follow-up tests after a period of 90 days."**
 - *Integrative Medicine Doctor - Louisville, KY*

- **"Due to lack of awareness, only a few individuals will proactively inquire about colostrum if you do not explicitly mention your endorsement about it. Unlike asking about the availability of a common supplement like Vitamin C, it is crucial to actively display and offer bovine colostrum to patients. You can alleviate any taste concerns by letting your patient know that it tastes similar to a vanilla shake without sugar, which is generally well-received by individuals."**
 - *Health Food Store - Madison, WI*

- **"Your practice can generate additional sales by offering Life's First Naturals® Pro's specialized formula for kids. It provides beneficial nutrients, immune support, and necessary natural fiber. This product is particularly beneficial for providing early morning and pre-school protection to children. It is recommended to suggest this option to parents of school-age children*."**
 - *Family Practice Doctor - Bellevue, WA*

- **"While I recognize there is limited scientific evidence, some of my patients have used bovine colostrum for skin health benefits and report they see a noticeable change in their appearance*."**
 - *Nutropathic Doctor - Reno, NV*

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.