Life's First Naturals® PRO Daily Colostrum

Frequently Asked Questions

What is Life's First Naturals® PRO Colostrum and What Does it Do For Me?

As a dietary supplement, Life's First Naturals® PRO is an excellent way to help naturally support digestive and immune health every day*. Life's First Naturals Colostrum Powder works with your body to keep your digestive system running smoothly, promotes intestinal microbiome health, and helps regulate the body's natural immune responses.

What is Bovine Colostrum?

Colostrum is produced by the mammals' mammary glands (found in the breasts) and is essential to the newborn during the first days of life.

Much like humans, cows (bovine) produce colostrum. Newborn calves receive protective proteins and other nutrients directly from their mother's colostrum in the days following birth, giving them what they need to survive and thrive. Research has shown that colostrum from dairy cows can play an important role in supporting human health.*

What are the Health Benefits of Cow Colostrum?

With over 6,000 studies illuminating the science, research has shown that bovine colostrum can play an important role in human nutrition, including digestive and immune health, early life nutrition, and sports nutrition.*

Is Colostrum Safe?

Yes, colostrum is not a drug but a naturally occurring food. The safety of colostrum from cows has been clinically demonstrated in adults and children as young as one year. Because it is a dairy product, colostrum is not recommended for people with dairy allergies. If you are pregnant or nursing, it's best to consult your doctor before adding colostrum, or any other supplement, to your diet.

How Close is Bovine Colostrum to Human Colostrum in its Components?

The components in cow colostrum and human colostrum are functionally similar in their makeup; both contain protective proteins, growth and immune factors, and prebiotics. Because they share so many of the same components, it is believed that the way they work in the human body is also similar. Colostrum from cows contains various components that make it a multi-benefit supplement.

Who should take Life's First Naturals Pro Colostrum Powder?

Life's First Naturals® PRO Colostrum Powder is for adults and children 1+ who want to do more for their health. Our colostrum powders work with your body to keep your digestive system running smoothly, promote intestinal microbiome health, and help regulate the body's natural immune responses.*

What are the Components in Bovine Colostrum?

Like human colostrum, colostrum from dairy cows is rich in protective proteins, growth and immune factors, and prebiotics. The principal bioactive is immunoglobulin G, and is specified on the label.

Can I take Life's First Naturals® PRO with my Medications?

We are unaware of any interaction between bovine colostrum and other supplements, OTCs, and prescription medications; however, before taking any new supplements, it is best to check with your pharmacist or health care professional.

Where does Life's First Naturals Source Their Colostrum?

All our products are made using ColostrumOne™ Extra Strength, ethically collected from USDA Grade A dairies.

What are the Ingredients in Life's First Naturals® PRO Colostrum Powder?

ColostrumOne® Extra Strength (pasturized bovine colostrum), Sunflower Lecithin, Milk.

When is the Best Way to Take Life's First Naturals® PRO Colostrum Powder?

Mix Life's First Naturals® PRO Colostrum powder and water in the provided shaker cup, and enjoy. You can take it at any time of the day, with or without food, but for optimal consistency and best results, we recommend taking it at the same time every day.



*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



How long After I Take Life's First Naturals Colostrum Will it Take to Work?

Colostrum quickly starts to make an impact at the cellular level in the digestive tract*. However, results may vary based on your personal health situation.

What About the Impact on the Calf if the Mother's Colostrum is Collected for Human Use?

Colostrum is produced in large quantities by the mother cow, far exceeding the needs of the calf. Once the calf receives all the colostrum it needs, the rest can be collected for other use. ColostrumOne™ Extra Strength is collected only after the calf has received all of the colostrum it needs to thrive.

Can I Give Life's First Naturals® PRO Colostrum Powder to my Pets?

Yes, Life's First Naturals is safe to give companion animals. For instance, administering 500mg daily has demonstrated the ability to enhance fecal quality in dogs.

Is Colostrum Safe for Lactose-Intolerant Individuals?

While colostrum is a dairy product and should not be used by those with a dairy or milk allergy, it typically contains less lactose than milk. Because lactose intolerance can be severe in some people, we suggest consulting your physician before using this product.

Is Colostrum Safe for Children?

While colostrum intake is not recommended for children allergic to dairy, colostrum is otherwise accepted as safe for children. The safety of cow colostrum has been clinically demonstrated in children as young as one year of age.

Do Life's First Naturals® PRO Colostrum Powders Contain Dairy?

Yes, Life's First Naturals Pro Adults and Kids Powders contain bovine (cow) colostrum, which is a dairy product. Therefore, individuals with a dairy or milk allergy should avoid using it, even though it usually contains less lactose than milk. As lactose intolerance can be severe in some people, we strongly recommend consulting your physician before using this product.

Do Life's First Naturals® PRO Powders Contain Gluten?

We do not add any gluten to our products. However, the product is produced in a facility that manufactures or packages other items which may contain gluten.

Where Can I Buy Life's First Naturals® PRO Colostrum?

Life's First Naturals® PRO, exclusively formulated with ColostrumOne Extra Strength, is available on PanTheryxPro.com and directly through certain healthcare professionals. Please check with your healthcare provider to see if they are participating in our program.

Country of Origin

Life's First Naturals® PRO Colostrum Powders are made in the USA with global components.



^{*}These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.